



Sleep Services for Pediatrics provided by the Scottsdale Sleep Center:

How the Scottsdale Sleep Center can help your child

Our medical staff believes in a multi-disciplinary approach to the diagnosis and treatment of sleep disorders in children. We provide testing and evaluation for children 5 years old and up.

Failure to diagnose and treat a pediatric sleep disorder may lead to serious complications such as:

- Impaired growth
- Behavioral problems
- Learning disabilities

However, with accurate diagnosis and effective treatment most complications associated with sleep disorders in children are reversible.

What we will monitor

- Brain waves (or EEG)
- Heart Rate & Rhythm (or EKG)
- Eye movements
- Leg movements
- Breathing
- Oxygen levels

This evaluation of the sleep recording helps us to gain valuable insight to the quality of your child's sleep and to determine the presence of sleep disorders.

If your child is experiencing any of the above symptoms, it is important to have them evaluated by a physician. Contact the Scottsdale Sleep Center at **(480) 767-881** for more information or to schedule an appointment for your child.